

Here are five excellent **C1 (advanced level)** adjectives to describe **positive character traits**, each with strong nuance and versatility:

1. **Conscientious—showing great care**, attention to detail, and responsibility in doing one's work or duties.
E.g.: She's a conscientious team member who never misses a deadline.
2. **Resilient—able to recover quickly** from setbacks or adapt well to change and challenges.
E.g.: His resilient attitude helped him thrive despite many obstacles.
3. **Empathetic—able to understand** and share the feelings of others; emotionally intelligent and compassionate.
E.g.: An empathetic leader can motivate a team through tough times.
4. **Resourceful—able to find clever** and effective solutions, especially in difficult situations.
E.g.: He's incredibly resourceful when it comes to solving unexpected problems.
5. **Diplomatic—tactful and skilled** at handling sensitive situations or people without causing offense.
E.g.: Her diplomatic approach helps maintain harmony during conflicts.

Here are five **C1-level adjectives** to describe **negative character traits**, each conveying a nuanced and mature tone:

1. **Abrasive—rude** or harsh in manner, often causing discomfort in social interactions.
E.g.: His abrasive comments often alienate his colleagues.
2. **Dogmatic—stubbornly** opinionated; unwilling to consider other viewpoints or ideas.
E.g.: She's so dogmatic that team discussions become one-sided.
3. **Aloof—emotionally** distant or uninvolved; seeming disinterested or unapproachable.
E.g.: He remained aloof throughout the meeting, offering little input.
4. **Intransigent—refusing** to compromise or change one's views, even when it's reasonable to do so. E.g., their *intransigent stance stalled the entire negotiation process.*
5. **Manipulative—controlling** or influencing others in a clever, often deceptive way to serve one's own interests. E.g.: *She's known for being manipulative, often twisting*

situations to her advantage.

Here is a gap-fill **exercise** using both the **positive** and **negative C1-level workplace character traits** we've discussed.



Gap-Fill Exercise: Workplace Character Traits

Instructions: Fill in the blanks with the correct adjective from the list below. Each word is used only once.

Word Bank: *Conscientious, Resilient, Empathetic, Resourceful, Diplomatic, Abrasive, Intransigent, Overbearing, Unreliable, Manipulative*

1. Despite the stressful environment, Jenna remained calm and _____, always finding creative solutions under pressure.
2. It's difficult to work with Carl—he's so _____ that he never considers anyone else's suggestions.
3. A good team leader is _____, especially when dealing with staff from different cultural backgrounds.
4. Martin is highly _____; you can trust him to follow through on even the smallest details.
5. Lara's _____ nature means she can bounce back quickly after a failed pitch or client rejection.
6. His constant micromanaging and refusal to delegate makes him seem _____ to his team.
7. We can count on Priya to handle clients sensitively—she's incredibly _____.
8. Jeff's blunt, _____ way of speaking often causes unnecessary tension during meetings.
9. Nina's _____ behavior has caused delays in several projects—we never know if she'll deliver on time.

10. Amir is known for being _____; he often twists situations to benefit himself, regardless of the impact on others.

 Answer Key:

1. Resourceful
 2. Intransigent
 3. Diplomatic
 4. Conscientious
 5. Resilient
 6. Overbearing
 7. Empathetic
 8. Abrasive
 9. Unreliable
 10. Manipulative
-